As the effects of the pandemic seem to become more prolonged and more serious, it seems that it is even more important to maintain a positive attitude and not become overwhelmed by hopelessness. In the spirit of positive thinking, please read the following quotes. Let's hope they are useful!

"Yesterday is gone. Tomorrow has not yet come. We have only today. Let us begin." Mother Theresa.

"You can't fail if you don't quit." Michael Hyatt.

"If you don't like something, change it. If you can't change it, change your attitude." Maya Angelou.

"What is the most excellent thing I can do today?" Neil

Peart.