In times before the internet created a constant source of distraction, people had more opportunity to reflect and consider what life meant to them. Let's consider some quotations from famous historical figures:

"Hide not your talents. They for use were made. What's a sundial in the shade?" Benjamin Franklin.

"When you arise in the morning, think of what a precious privilege it is to be alive – to breath, to think, to enjoy, to love." Marcus Aurelius.

"Action is the foundational key to all success." Pablo Picasso.

